



# Central Ontario Psychology

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## Understanding Supervision

At Central Ontario Psychology, all services are offered under two models:

- Direct services by a registered, autonomous member of the College of Psychologists of Ontario
- Services provided under the supervision of a member of the College of Psychologists of Ontario

All services at Central Ontario Psychology are performed in accordance with the Standards set by CPO. *When a client is seen by a supervisee, the supervising psychologist is ethically and legally responsible for the client's care.*

Everyone at our practice is either a member of the College of Psychologists of Ontario, or under the supervision of one. Some associates may be registered with other professions, such as a social worker or registered psychotherapist; in that case, both their own college and the College of Psychologists of Ontario may be responsible for overseeing the quality of your care.

***We do not provide supervision solely for the convenience of billing.*** Regardless of whether or not your insurance recognizes supervised practice, if you are seen by a non-psychologist, your services will be overseen by a psychologist, who accepts responsibility for your care. We provide guidance, input, and clinical direction to your therapist, to ensure the highest quality of care. We are available to meet with you at your request, and may ask that we meet with you at our own discretion.

***Most insurers pay for services provided by a psychologist through the mechanism of supervision. Some do not.***

Because of the variety in insurers, ***it is up to the client to ensure that supervised services will be covered, by communicating with the insurer.*** However, we suspect that ***how the question is posed is critically important.*** This is the wording we recommend when checking with your insurer:

***“If my psychologist is legally and ethically responsible for my care, but is providing service through the supervision of someone who is not a psychologist, are these services covered by my plan?”***

If the answer is “no,” or “the services must be provided by a registered psychologist,” we recommend emphasizing that ***“legally and ethically, the supervising psychologist is the responsible clinician.”***

***We do not provide refunds for services rendered which are subsequently denied coverage by an insurer. The client has full responsibility to ensure that coverage for services is in place by communicating directly with the insurer. As per our professional standards, our invoices reflect both the treatment provider and the supervising psychologist.***